

PART TWO

(OF TWO)

TO

RE: REQUEST FOR DISABILITY ACCOMMODATIONS ON AMBULANCE SERVICES.

MS. NORI GONZALEZ-GARZA, Mayor of the City of Mission.

Relevant
Excerpts of
Decision.

SOCIAL SECURITY ADMINISTRATION
Office of Hearings and Appeals

DECISION

IN THE CASE OF

Jesus Méndez
(Claimant)

CLAIM FOR

Period of Disability,
Disability Insurance Benefits, and
Supplemental Security Income

FINDINGS

After careful consideration of the entire record, the Administrative Law Judge makes the following findings:

2. The claimant has not engaged in substantial gainful activity since August 31, 2000, although he continues to engage in work activity.
3. The claimant's electromagnetic sensitivity is a severe impairment, based upon the requirements in the Regulations (20 CFR §§ 404.1521 and 416.921).

William F. Nail, Jr.
William F. Nail, Jr.
Administrative Law Judge

OCT 23 2003

Date

MAT 2 2 2007

Texas Department of Aging
& Disability ServicesIn-Home and Family Support Program
Physician Statement of Disability

Fax

Form 2350
April 1997

956-971-1311

Date

4-23-2007

Patient Name

Jesus Mendoza

Address

2202 E 28th St

Mission, TX 78572

Caseworker, Address, Phone

Lina Garcia

4801 W. Business Highway 83

McAllen, TX 78501

956/971-1238

The following medical information is needed to determine this patient's eligibility for the In-Home and Family Support Program. The Program is intended to assist families in maintaining an individual with a physical disability IN THE HOME. PLEASE COMPLETE ALL ITEMS BELOW. If you have questions, please contact the caseworker at the address and phone number above.

I. MEDICAL DIAGNOSIS:

Highly sensitive to electricityII. APPROXIMATE DATE OF ONSET
OF DISABLING CONDITION

Approx. Date of Onset

1997

III. FUNCTIONAL LIMITATIONS (check all SUBSTANTIAL limitations that apply):

When exposed☐ Self-Care☐ Self-Direction☒ Receptive and Expressive Language☒ Capacity for Independent Living - Yes, when in crisis☒ Learning+L Severe
- Severe☒ Economic Self-Sufficiency - Self employed needs☒ Mobility☐ Other (specify):to avoid exposure to
remain able to work.

IV. EXPECTED DURATION OF DISABILITY:

Unknown

V. PROGNOSIS:

- poorVI. RECOMMENDATIONS/OTHER COMMENTS: Do you recommend a monitoring measure radiation around client's Environment? ☒ Yes ☐ NoThese will greatly enhance his ability to prevent exposure increasing quality of life + make him able to work at home

VII.

Alfred R. Johnson, D.O.
Signature - Physician6/7/07
Date

Physician's Name (please type or print)

Dr. Alfred R. Johnson, D.O.

Physician's Mailing Address

Telephone No.

317 Dal-Rich Village, Richardson, TX 75080972-479-0400

PLEASE RETURN THIS DOCUMENT IN THE ADDRESSED, STAMPED ENVELOPE PROVIDED

Rec'd by IHFS
JUN 07 2007
3686

SOCIAL SECURITY ADMINISTRATION
OFFICE OF DISABILITY ADJUDICATION AND REVIEW

ORDER OF APPEALS COUNCIL

REMANDING CASE TO ADMINISTRATIVE LAW JUDGE

In the case of

Claim for

Jesus M Mendoza
(Claimant)

Supplemental Security Income

(Wage Earner) (Leave Blank if same as above)

(Social Security Number)

The Administrative Law Judge issued a decision on April 4, 2017. The claimant has asked the Appeals Council to review this decision.

The Appeals Council grants the request for review under the substantial evidence provision of the Social Security Administration regulations (20 CFR 416.1470). Under the authority of 20 CFR 416.1477, the Appeals Council vacates the hearing decision and remands this case to an Administrative Law Judge for resolution of the following issue:

- o The decision finds the claimant does not have a medically determinable impairment, in part, because his diagnosis of electro-sensitivity disorder is not recognized by the medical community. The claimant's doctor diagnosed this impairment and submitted evidence of signs, symptoms and laboratory testing (Exhibits 3F, 4F, 5F and 6F). In October 2014, the claimant's doctor noted he has been homebound for three years and has many symptoms from electric field exposure including systemic problems and skin reactions with blood pressure variations (Exhibit 3F, page 2). In May 2015, the claimant's doctor indicated the best treatment for the claimant's condition is to avoid all radiation, which causes him to be homebound. At the same time, the claimant was prescribed portable oxygen due to difficulties with breathing related to his impairment (Exhibits 4F and 5F). Laboratory testing from 2008 indicates abnormalities in auto immune functioning (Exhibit 6F, pages 63-66). The claimant submitted laboratory tests from 2013, which may also show additional abnormalities (Claimant Submitted Evidence pages 116-117). Further, consultative examiner Dona E. Cooper-Dockery, M.D. indicated that, while rare, the condition is recognized in the medical community (Exhibit 1F, page 8). Finally, the State agency consultants did not have the full record when determining there was insufficient evidence to find a medically determinable impairment. As such, further consideration of whether the claimant has signs, symptoms and laboratory testing to confirm a medically determinable impairment based on his electro-sensitivity disorder is needed.

Jesus M Mendoza (

Page 2 of 2

Upon remand the Administrative Law Judge will:

- Obtain evidence from a medical expert to determine whether claimant has a medically determinable impairment consistent with Social Security Ruling 96-4p and, if so, the nature and severity of and functional limitations resulting from the claimant's impairment (20 CFR 416.913a(b)(2)).

In compliance with the above, the Administrative Law Judge will offer the claimant an opportunity for a hearing, address the evidence which was submitted with the request for review, take any further action needed to complete the administrative record and issue a new decision.

APPEALS COUNCIL

/s/ LaTina B Greene

LaTina B Greene

Administrative Appeals Judge

/s/ Jane A. Crawford

Jane A. Crawford

Administrative Appeals Judge

Date: May 22, 2018

Relevant
excerpts of
Decision

SOCIAL SECURITY ADMINISTRATION
Office of Hearings Operations

DECISION

IN THE CASE OF

Jesus M Mendoza
(Claimant)

CLAIM FOR

Supplemental Security Income

The claimant's ability to perform work at all exertional levels has been compromised by nonexertional limitations. In his pre-hearing filings, the claimant alleged that he has a sensitivity to electro-magnetic fields. 3E/2. He asserted that he has life-threatening "Multiple Chemical Sensitivity" (MCS) and "Electrohyper-sensitivity" (EHS). 14E/1; 23E/1. He alleged that exposure to radiation emitted by power lines, electric transformers and motors, fluorescent lights, video display screens, cell phones, wireless computers, aircraft and vehicle radar, dirty electricity etc, causes various symptoms, including: swelling of vital organs, swelling of his face, head and eyes, symptoms of heart attack and of stroke, flu and allergy symptoms, inability to sleep, rashes and loss of skin, and breathing, speech, vision, memory and concentration problems. 14E/1; 2F. He asserted that exposure to chemicals and odors found inside buildings and vehicles have similar effects. 14E/1. He claimed that he has passed out from pain and the inability to breathe on several occasions. 23E/3. He asserted that he cannot drive. 14E/1. The claimant also asserted that he cannot walk farther than the next door neighbors' house. 14E/1. He alleged that he cannot stay in his home for more than a few minutes, so he spends his days in his yard. 14E/1. He claimed that he wears protective gear on his "thoracic box" and head.

FINDINGS OF FACT AND CONCLUSIONS OF LAW

After careful consideration of the entire record, the undersigned makes the following findings:

1. The claimant has not engaged in substantial gainful activity since October 2, 2014, the application date (20 CFR 416.971 *et seq.*).

The claimant worked after the application date but this work activity did not rise to the level of substantial gainful activity.

2. The claimant has the following severe impairment: immunodeficiency (20 CFR 416.920(c)).

The above medically determinable impairments significantly limit the ability to perform basic work activities as required by SSR 85-28.

/s/ Kimberly O. Wyatt

Kimberly O. Wyatt
Administrative Law Judge

May 11, 2020
Date

CAUSE No C-013-08-I
THE STATE OF TEXAS

In Re, Jesus Mendoza

IN THE DISTRICT COURT
OF HIDALGO, TEXAS,
197th JUDICIAL DISTRICT
398th

Honorable Migdalia Lopez
District Judge

**PETITIONER'S MOTION TO APPEAR BY TELEPHONIC
CONFERENCE TO JUDICIAL PROCEEDINGS**

Now Comes Pro-se Petitioner and respectfully requests this Court leave to appear by telephonic conference to hearings, depositions, trial and other judicial proceedings before this Court as a reasonable accommodation to Petitioner's disability.

1. Petitioner, Jesus Mendoza, suffers of a severe medically recognized disability that impairs among other things his ability to stay inside buildings for extended periods of time. Exposure to radiation emitted by power lines, fluorescent lights, video display terminals, air-conditioning motors, cellular telephones, etc., causes Petitioner among other things swelling of vital organs, internal bleeding, breathing problems, loss of concentration and speech impairment. Petitioner's ability to work, has been substantially impaired. Petitioner has been violently ill several times, Petitioner is in pain all the time. Please See Statement of Disability and Decision of the Social Security Administration finding Petitioner's electromagnetic sensitivity a severe impairment, and a photo showing the swelling on Petitioner's face. Please See Exhibits "1", "2", and "3".

Petitioner has filed in this Court a Petition to remove from the bench Justice of the Peace Ismael "Melo" Ochoa on the ground that Judge Ochoa has engaged in


judicial misconduct. Petitioner requires accommodations to his disability during discovery and prosecution of the Petition, to prevent further aggravation of Petitioner's health condition and to prevent that others may take advantage of Petitioner's disability.

ARGUMENT

Appearing by telephonic conference to hearings, depositions, and other judicial proceedings before this Court is a reasonable accommodation to Petitioner's disability. The American with Disabilities Act and Section 504 of the Rehabilitation Act, require that the courts provide reasonable accommodations to the disabled on judicial proceedings. Accommodations to Petitioner's disability during judicial proceedings are necessary to provide Petitioner access to the courts and due process. The due process right of access to the courts, and the right to petition the government with grievances applies to persons in extraordinary circumstances. *In Re Primus*, 436 US 412, 98 S Ct. 1893, (1978), *Bounds v Smith*, 430 US 817, 97 S Ct. 1491 (1977).

RELIEF

For all of the above reasons, Petitioner respectfully requests this Court to set hearing on this matter by telephonic conference at the Court's earliest convenience and that upon hearing, the Court grants Petitioner's Motion for Special accommodations to Petitioner's disability during judicial proceedings, including appearing by telephone to hearings, depositions, trial, and other judicial proceedings, and provide Petitioner any appropriate remedy at law or in equity that Petitioner is entitled. Respectfully submitted,


Jesus Mendoza, Pro-se Petitioner 2202 E. 28th Street, Mission, Texas 78174,
Tel. 956/519 7140

CAUSE No C-013-08-I
THE STATE OF TEXAS

In Re, Jesus Mendoza

IN THE DISTRICT COURT
OF HIDALGO, TEXAS,
~~197~~¹⁹⁷th JUDICIAL DISTRICT
398th

Honorable Migdalia Lopez
District Judge

ORDER

On this 9th day of May, 2008, came to be considered the forgoing Petitioner's Motion for Leave to Appear by Telephonic Conference to Judicial Proceedings including Hearings, Depositions, and Trial, in the above styled and numbered cause. After considering the Motion, the Court is of the opinion that the Petitioner's Motion is with merit and should in all things be granted. IT IS THEREFORE ORDERED that Petitioner's Motion for Leave to Appear by Telephonic Conference to Judicial Proceedings including Hearings, Depositions, and Trial be GRANTED.

Done this 9th day of May, 2008.

Migdalia Lopez
PRESIDING JUDGE

1092

CAUSE No. C-013-08-I
THE STATE OF TEXAS

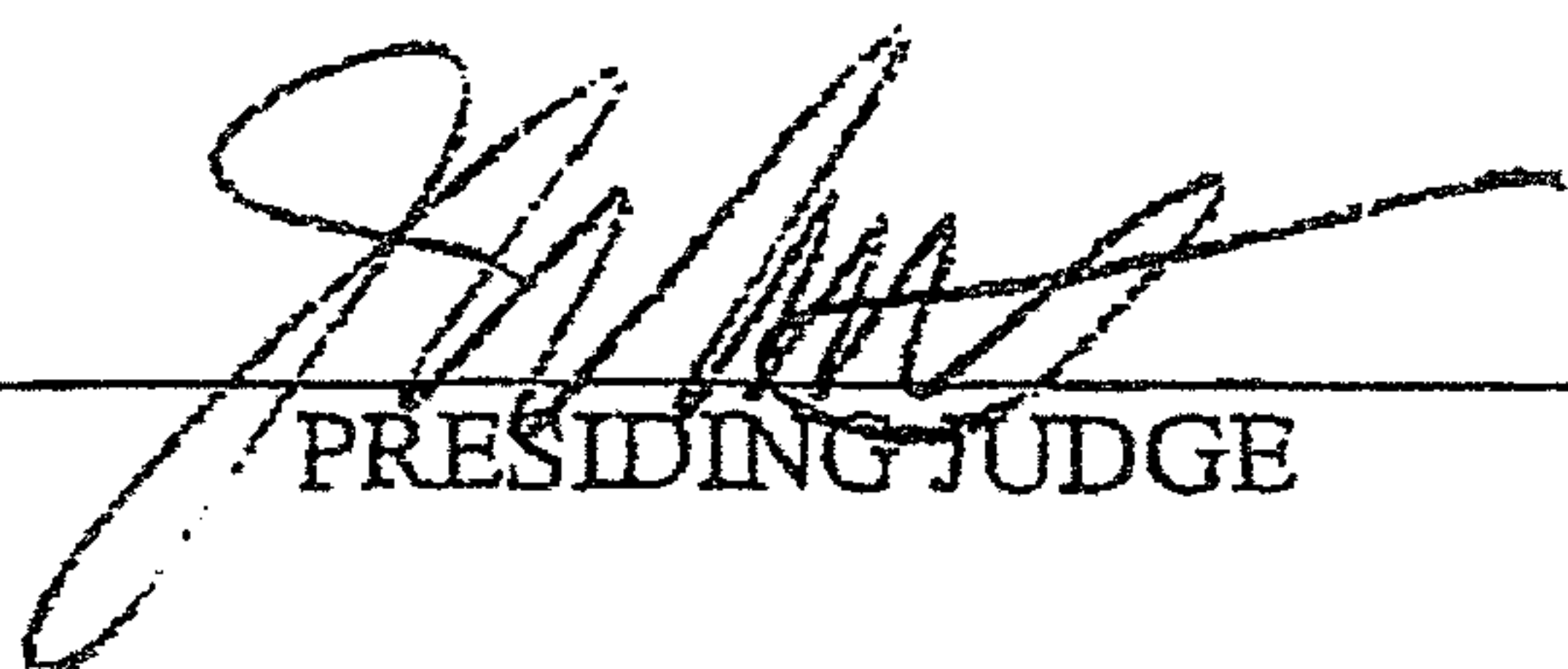
In Re, Jesus Mendoza

IN THE DISTRICT COURT
OF HIDALGO, TEXAS,
348 JUDICIAL DISTRICT

ORDER

On this 25th day of April, 2008, came to be considered the forgoing Petitioner's Motion for Leave to Appear by Telephonic Conference to Judicial Proceedings including Hearings, Depositions, and Trial, In the above styled and numbered cause. After considering the Motion, the Court is the opinion that the Petitioner's Motion is with merit and should in all things be granted. IT IS THEREFORE ORDERED that Petitioner's Motion for Leave to Appear by Telephonic Conference to ~~Judicial Proceedings including Hearings, Depositions, and Trial~~ for hearing on the Motion to Revoke ~~Judge Magdalena Lopez~~ be GRANTED.

Done this 25th day of April, 2008.



PRESIDING JUDGE

Copies to: Petitioner, Jesus Mendoza, 2202 E. 28th St. Mission, Texas, 78574, Tel. (956)519-7166. and to Justice of the Peace Ismael "Melo" Ochoa Justice of the Peace Court, Pct. 3 Pl. 2, 730 Breyfogle Suite A, Mission, Texas, 78574, Tel. (956)581-2124.

1083

1:61 1
15 Dec 2017

CAUSE NO. R-15911-JM-A

v.

IN THE DISTRICT COURT

92ND JUDICIAL DISTRICT

HIDALGO COUNTY, TEXAS.

FILED
AT 4:13 O'CLOCK

Jessie Mendoza v. Ken Paxton

JUL 24 2017
LAURA HINOJOSA, CLERK
District Court Hidalgo County
By Deputy #43

PRO-SE RESPONDENT COUNTER-PETITIONER MOTION TO APPEAR BY PHONE TO COURT.

EXPEDITED CONSIDERATION REQUESTED.

I respectfully request the Court to allow me appearing by phone to the hearing set in this Court for July 26, 2017 at 9:00 am. and to any other hearings before this Court on the ground that a life-threatening disability does not permit that I appear in person to Court; on the ground that the State of Texas and the Texas Attorney General have admitted to this Court the legitimacy of my life-threatening disability; on the ground that the U.S. Supreme Court in Tennessee v. Lane 541 U.S. 509 (2004) required that State Courts provides reasonable accommodations to persons with disabilities to access and petition the Courts; and on the ground that allowing me to appear by phone is a reasonable accommodation to comply with the 11th Court of Appeals Order dated June 30, 2017 to have a hearing pursuant to Tex. R. App. P. 34.6(f)(4), and 37.3(a)(1) as explained herein.

DECLARATION

1. My name is Jesus Mendoza,, my date of birth _____ and my address is 2202 E. 28th St., Mission, Texas 78574.
2. I declare under penalty of perjury that I am of sound mind and competent to make this Declaration and that the facts stated in this Declaration are within my personal knowledge and are true and correct.
3. I am suffering of a painful,, debilitating, and life-threatening Electro-hypersensitivity and of chemical sensitivity.
4. Exposure to the radiation found inside buildings, including the radiation emitted by power lines, electric transformers and motors, fluorescent lights, Wi-Fi transmitters, cell phones, and wireless computers causes me among other things, swelling of vital organs, swelling of face, head and eyes,, flu and allergy symptoms, rashes and loss of skin, symptoms of heart attack and of stroke, and breathing, speech, hearing, concentration and memory problems. Exposure to the chemicals found inside buildings causes me some of the same health problems.
5. The delayed effects of radiation exposures have been catastrophic. I have a history of life-threatening swelling of heart, and the swelling inside my skull has been so severe as to push an eye out

of its socket.

6. I cannot be inside my home but for a few minutes at a time, and I stay in a metal room and in an underground room in the backyard. with exception of some walks around the neighborhood during the year 2011 and walks to the neighbors, I have been home bound for more than 6 years.
7. I have been violently ill several times. At times, I struggle to breathe even with oxygen. I am in pain all the time. Everyday is different nightmare..
8. My Electrohypersensitivity has been recognized as a physical medical condition and as a disability by federal and State agencies and by Courts..
9. On November 8, 2016, on a hearing before this Court on the State of Texas' Motion to enforce by incarceration alleged support orders, in which I was allowed to appear by phone, my Court appointed attorney, Ms. Teresa Coronado read to the Court my doctors letter which states that it is medically necessary that I be allowed to appear by phone to Court and details how my life-threatening Electrohypersensitivity and my chemical sensitivity do not permit that I appear in person to Court and stating that if I am confined inside a building or in other places where there is radiation I could suffer irreversible harm.

including death. A copy of my doctor's letter is attached as Exhibit A.

10. In response, the State of Texas, through the Defendant the Texas Attorney General, Ken Paxton, allowed my doctor's letter into evidence and withdrew his motion to enforce by incarceration the alleged support orders, admitting to the legitimacy of my Electro-hypersensitivity and chemical sensitivity as physical medical conditions and as disabilities; admitting to my inability to appear in person to Court; and admitting to the seriousness of my health condition.
11. At no time, the State of Texas nor Defendant Paxton have opposed my Motions to appear by phone to judicial proceedings.
12. For all these reasons, I respectfully request the Court to allow me appearing by phone to judicial proceedings.

Respectfully submitted,

Jesus Mendoza 24 July, 2017.

Jesus Mendoza, Pro-se Respondent Counter-Petitioner
2202 E. 28th St. Mission, Texas 78574 Tel. (956) 583-7012

Certificate of Service

I certify that on 25 July 2017 I sent a copy of the above and proposed orders by hand delivery or by mail to counsel of record, Norma Ortiz, 3508 N. Jackson Rd. Ste. 600 Pharr, Texas 78577-8643;
2202 E. 28th St. Mission, Texas 78574 Tel.

RX Date/Time

11/03/2016

16:34

972 479 9435

P.002

972-479-9435

Johnson Medical Assoc.

03:34:07 p.m. 11-03-2016

2/2



JOHNSON MEDICAL ASSOCIATES

Comprehensive Medicine | Traditional | Holistic | Alternative

October 28, 2016

RE: Jesus Mendoza

To Whom It May Concern:

The above patient has been under my care for many years. He is currently suffering from severe hypersensitivities to chemical fumes, odors, and a life-threatening electro-hypersensitivity.

It is medically necessary that he be allowed to appear by phone for court. Please allow him to have phone conferencing as he is unable to tolerate the building. If this patient appears in person in court, his speech, concentration, memory, and hearing will be severely impaired. If he is confined inside a building or in other places where there is radiation, he could suffer irreversible harm including death.

Exposure to sources of radiation emitted by power lines, electric transformers and motors, computers, fluorescent lights, and wireless devices, causes Mr. Mendoza severe pain, swelling of vital organs, breathing difficulties, as well as speech, concentration, memory, and hearing deficits. Also, exposure to some chemicals, fumes, and odors can cause the same health effects as listed.

If you have any questions regarding this please, please feel free to contact my office.

Sincerely Yours

Alfred R. Johnson, D.O.
MD/MS

RESPONDENT'S
EXHIBIT

Eh

Re

#1

Mendoza

Eh A

2

997 Hampshire Lane - Richardson, Texas 75080 • (972) 479-0400
Fax (972) 479-9435 • (800) 807-7555

CAUSE NO. F-1591-11-A

FILED
AT 11 O'CLOCK M

IN THE DISTRICT COURT
SEP 27 2018

LAURA MINOJOSA, CLERK
District Court, Hidalgo County
92ND JUDICIAL DISTRICT
By [Signature] Deputy#1

Jesus Mendoza v. Heri Paxton;

HIDALGO COUNTY, TEXAS.

ORDER SETTING HEARING AND ORDER GRANTING RESPONDENT COUNTER-PETITIONER'S MOTION TO
APPEAR BY PHONE TO HEARING.

Hearing on the Motion for an Order to the Clerk to Issue a Subpoena to the 92nd
District Court Judge Luis M. Singletary is set for December 6, 2018 @ 1:30 pm

Pro-se Respondent Counter-Petitioner, Jesus Mendoza is allowed to appear by phone to
this hearing as accommodation to his disability.

IT IS SO ORDERED.

Nov 27, 2018

[Signature]
PRESIDING JUDGE

cc:
Office of the Attorney General: cad-legal-316@texasattorneygeneral.gov Norma Ortiz, 3508
N. Jackson Rd. Ste. 600 El Paso, Texas: 78577-8644;
Jesus Mendoza, 2202 E. 28th St. Mission, Texas 78574 Tel: (956)583-7012;

CAUSE NO. F-11591-111-A

FILED
AT 11/1 O'CLOCK M

SEP 27 2018

IN THE DISTRICT COURT
LAURA HINOJOSA, CLERK
District Court, Hidalgo County
92ND JUDICIAL DISTRICT
By Deputy #1
HIDALGO COUNTY, TEXAS.

Ken Parton v. Jesus Mendoza,

Jesus Mendoza v. Ken Parton,

ORDER SETTING HEARING ON MOTION TO WAIVE SUBPOENAS FEES

Hearing on Pro-se Respondent Counter Petitioner Jesus Mendoza Motion to Waive Subpoenas
Fees is set for December 6, 2018 @ 1:30pm

Pro-se Respondent Counter Petitioner Jesus Mendoza is allowed to appear by phone to the
hearing as accommodation to his disability.

IT IS SO ORDERED.

27 NOV 2018


PRESIDING JUDGE

att: Norma Ortiz, 3508 N. Jackson Rd. Ste. 600 El Paso, Texas 78577-8643
tel. (800) 252-8014;

Jesus Mendoza, 2207 E. 28th St. Mission, Texas 78574 Tel. (956) 583-7012;

CAUSE NO. E-1591-101-A

FILED
AT 12:47 O'CLOCK P.M.

Ken Paxton v. Jesus Mendoza,

Jesus Mendoza v. Ken Paxton,

IN THE DISTRICT COURT OF CLERK
District Court, Tarrant County
STATE JUDICIAL DISTRICT #8

MUNDAGO COUNTY, TEXAS.

ORDER SETTING HEARING ON MOTION TO RECUSE JUDGE DAVID SANCHEZ AND ORDER GRANTING PRO SE
RESPONDENT COUNTER PETITIONER MOTION TO APPEAR BY PHONE TO THE HEARING

Hearing on Motion to Recuse Judge Sanchez is set for December 6, 2018 @ 1:30 p.m.

After consideration of Pro-se Respondent Counter Petitioner Jesus Mendoza's Motion to
appear by phone to the hearing on the Motion to Recuse Judge David Sanchez, as
accommodation to Mendoza's disability, the Court finds the Motion with merit and should
be granted. IT IS THEREFORE ORDERED that Jesus Mendoza be allowed to appear by phone to
the hearing on the Motion to Recuse Judge David Sanchez.

IT IS SO ORDERED.

27 NOV 2018


PRESIDING JUDGE

cc: Norma Ortiz, 3508 N. Jackson Rd. Ste. 600, El Paso, Texas 78577-8643
tel. (800) 252-8014;

Jesus Mendoza, 2202 E. 28th St. Mission, Texas 78574 Tel. (956) 583-7012;

3250

ENTERED

October 18, 2022

Nathan Cchsner, Clerk

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF TEXAS
MCALLEN DIVISION

JESUS MENDOZA,

Plaintiff,

VS.

KILOLO KIJAKAZI,

Defendant.

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CIVIL ACTION NO. 7:22-CV-85

ORDER

Pending before the Court is Plaintiff's "Motion for Enlargement of Time." (Docket No. 48.) The Motion requested that the Court grant an extension of time "until December 15, 2022[,]" to file a response to the Court Order dated September 15, 2022, Docket [No.] 47."¹ (*Id.* at 2.) Plaintiff argues that an extension is necessary due to his "debilitating health conditions." (*Id.*) Defendant has not yet responded to the pending motion. In any event, the undersigned finds that Plaintiff should be allowed an extension of time.

Accordingly, it is hereby **ORDERED** that Plaintiff's "Motion for Enlargement of Time" (Docket No. 48) is hereby **GRANTED** in part. Plaintiff's response to the Court's Order (Docket No. 47) is due on October 31, 2022. Furthermore, Defendant shall file its response within thirty (30) days of the filing by Plaintiff.

The Clerk shall provide copies of this Order to Plaintiff and counsel for Defendant.

SO ORDERED, the 18th of October, 2022 at McAllen, Texas.



NADIA S. MEDRANO
United States Magistrate Judge

¹ The undersigned notes that the deadline for Plaintiff's response to the Court's Order (Docket No. 47) expired on October 17, 2022.

ENTERED

March 30, 2023

Nathan Ochsner, Clerk

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF TEXAS
MCALLEN DIVISION

JESUS MENDOZA,

Plaintiff,

VS.

KILOLO KIJAKAZI, *et al.*,

Defendants.

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CIVIL ACTION NO. 7:22-CV-00085

ORDER GRANTING MOTION FOR EXTENSION OF TIME

Now before the Court is Plaintiff Jesus Mendoza's Motion for Extension of Time to File Objections to the Report and Recommendation. (Dkt. No. 54). After considering the Motion, the Court GRANTS it.

It is, therefore, **ORDERED** that Plaintiff shall have until April 28, 2023 to file objections to the Report and Recommendation.

SO ORDERED March 30, 2023, at McAllen, Texas.


Randy Crane
Chief United States District Judge

ENTERED

May 01, 2023

Nathan Ochsner, Clerk

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF TEXAS
MCALLEN DIVISION

JESUS MENDOZA,

Plaintiff,

VS. .

KILOLO KIJAKAZI, *et al.*,

Defendants.

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CIVIL ACTION NO. 7:22-CV-00085

ORDER GRANTING PLAINTIFF'S MOTION FOR EXTENSION OF TIME

Now before the Court is Plaintiff Jesus Mendoza's Second Motion for Extension of Time to File Objections to the Report and Recommendation. (Dkt. No. 56). After considering the Motion, the Court GRANTS it.

It is, therefore, ORDERED that Plaintiff shall have until June 27, 2023, to file objections to the Report and Recommendation.

SO ORDERED May 1, 2023, at McAllen, Texas.



Randy Crane

Chief United States District Judge

PHYSICIAN'S STATEMENT

(Please type or print)

Texas Transportation Code §521.125 allows the Texas Department of Public Safety to include on an individual's driver license or identification card any health condition that may impede the individual's communication with a peace officer. The health condition must be evidenced by this signed statement from a licensed physician. Medical information provided under this program is not protected and is subject to release under the Public Information Act. By providing this information, the health condition as stated on this form will be printed on the reverse side of the driver license or identification card.

Patient's Full Name: Jesus MendozaPatient's Date of Birth: 05/24/1954Patient's DL/ID#: DL: (Expired)Physician: ALFRED R. JOHNSONPhysician's Address: 997 Hampshire Lane Richardson, Texas 75080Physician's Office Telephone No.: (972) 479 0400; 800 807 7555

Medical License No.: _____ State: _____

Health Condition: Electrohypersensitivity and Chemical sensitivityPatient's Signature: Jesus MendozaDate: 6/1/7/2016Physician's Signature: [Signature]Date: 1/1/1

5/24/54



LAURA HINOJOSA

HIDALGO COUNTY DISTRICT CLERK

Juror Disability & Medical Certification Form

Your response to the juror questionnaire qualified you to serve as a prospective juror with the exception of a disability or medical claim. As a result, your name has been placed in a deferred status.

Present this form to your physician to be completed and returned to our office within 15 days of notification. Otherwise, your name will be placed back in the jury pool for summons in the near future. A judge will review your certification form upon receipt and take the appropriate action. If your claim is denied, you will receive a summons at a later date.

I authorize my physician to release the following medical information regarding my health.

[Signature]
Juror Signature

100439587
Juror Badge ID

(956) 583-7012
Juror Phone No.

26 Nov, 2018
Date

INSTRUCTIONS TO PHYSICIAN Please complete, sign and return to your patient. The above named person is a patient of mine and he/she suffers from the following illness/disability which would preclude him/her from serving on jury duty at this time (state illness/disability):

Life-threatening Electrohypersensitivity and
Chemical hypersensitivity.

In my medical opinion he/she (check one):

- ☐ will be able to serve in 90 days.
☐ will be able to serve in 6 months.
☐ will be able to serve in 1 year.
☒ will permanently be unable to serve

I state to the Court that the above information is true and correct.

[Signature]
Physician's Signature

11/28/18
Date

Alfred Johnson MD
Physician's Printed Name

972-479-0400
Physician's Phone No.

FOR OFFICIAL USE ONLY

☐ deferred 90 days
☐ deferred 6 months

☐ deferred 1 year
☐ EXCUSED

Jury Administration

OPEN LETTER TO PARENTS, DOCTORS, AND TO SCHOOL OFFICIALS.

Federal and State litigation has proven the fact that the schools' wireless radiation is exposing children to more than 250,000 uW/m2 (25,000 nW/cm2) of microwave radiation; that these exposures have caused harm to teachers, to fire fighters, to police officers, and to other adults; and that the same radiation reaching children at school is causing children Electrohypersensitivities, and brain, eye, blood, and DNA damage and other severe physical harm that defeats the purpose of education. Below, some of the the harm being caused on children by the different power levels of microwave radiation reaching children at school.

uW/m2

20	<u>Altpeter 1995,1997.</u> Sleep disorders, abnormal blood pressure, weakness, fatigue, limb pain, digestive problems, fewer school children promoted.
30-200	<u>Heinrich 2010.</u> Short-term exposure caused headaches, irritation, and concentration problems in school children.
30-500	<u>Thomas 2010.</u> Short-term exposure caused sleep problems in school children.
50	<u>Mohler 2010.</u> Chronic exposure caused sleep problems.
50-400	<u>Thomas 2008.</u> Adults exposed to short-term cell phone radiation reported increase in headaches and in concentration problems.
60-100	<u>Buchner 2012.</u> Long term effects on immune system.
100	<u>Kolbun 1987.</u> Human sensation.
100-500	<u>Hutter 2006.</u> Headaches, concentration, and sleeping problems.
100-1100	<u>Navarro 2003.</u> Fatigue, headaches, sleeping problems.
150-2100	<u>Aughner 2009.</u> Short-term exposure, changes in mental state, prevented refined word choices, calmness, stupified, zoned-out.
165-4400	<u>Oberfeld 2004.</u> Fatigue, depressive tendency, sleeping disorders, concentration difficulties, cardio-vascular problems significant increase in breast cancer and brain tumors.
300-500	<u>Rassoul 2000.</u> Headaches, memory changes, depressive symptoms, sleeping problems.
500-1000	<u>Khurana 2010.</u> Increased neuro, cardio symptoms and cancer risks.
500-1000	<u>Kundi 2009.</u> Headaches, fatigue, concentration and sleeping problems.
638	<u>Papageorgio 2011.</u> Decreased cognitive function.
1300	<u>Zwamborn 2003.</u> Decreased cognition, well being.
1600	<u>Kolodinski 2006.</u> Memory, attention, motor function of school children.
1680-10530	<u>Magras & Zenos 1997.</u> Irreversible infertility in mice.
2100	<u>Ridervold 2008.</u> Adolescents and adults to only 45 minutes to cell phone radiation reported increased headaches.
3800	<u>Schwartz 1990.</u> Effects on heart function

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3,000	<u>Wolf 2004.</u> Ten times risk of cancer with short latency.
2,000-80,000	<u>Hoking 1996.</u> Two fold increase in leukemia in children.
2,000-80,000	<u>Hoking 2000.</u> Decreased survival in children with leukemia.
5,000	<u>Alberts 1997, Oscar and Hawkin 1997, Neilly and Lin 1986.</u> Breakdown of brain-blood barrier allowing entry of toxics into the nervous system.
5,000-10,000	<u>Avendaño 2012.</u> WiFi level laptop exposure for 4 hours caused decrease in sperm viability and DNA damage.
8,000-100,000	<u>Akoev 2002.</u> Changes in behavior.
10,000	<u>Elviti 2007.</u> 50 minutes of exposure caused loss of well being to electrosensitive patients.
10,000	<u>Persson 1997.</u> Toxic leakage of the blood-brain barrier.
10,000	<u>Simonenko 1998.</u> Headaches, dizziness, irritability, fatigue, weakness, insomnia, chest pain, stomach and breathing problems.
10,000	<u>Novoselova 1999.</u> Affected functions of immune system.
13,000-57,000	<u>Dolk 1997.</u> Leukemia, skin melanoma, bladder cancer.
20,000	<u>Mann 1996.</u> Effects in immune system.
20,000	<u>Frey 1963, 1969, 1971, 1973, 1988; Justenson 1979; Olsen 1980; Wieske 1963; Lin 1978.</u> Microwave hearing-clicking, buzzing, chirping, hissing, or high-pitched tones. (Tinnitus)
20,000-40,000	<u>D'Inzeo 1988.</u> Effects in physical and behavioral functions.
25,000	<u>Wolke 1996.</u> Calcium concentration in heart muscle.
40,000	<u>Chiang 1989.</u> Altered white blood cells in school children.
40,000	<u>Tattersall 2001.</u> Effects in memory and learning.
40,000-	<u>Chiang 1989.</u> Memory impairments, slowed motor skills, and retarded learning in children.
150,000	<u>Boscolo 2001.</u> Immune function decreased.
50,000	<u>Belokrinskiy 1982.</u> Biochemical and histological changes in liver, kidney, and in brain tissue.
50,000	<u>Dumanisky 1974.</u> Impaired nervous system activity.
52,500	<u>Kewee 2001.</u> 20 minutes of exposure induced stress response.
60,000	<u>Phillips 1998.</u> DNA damage.
87,500	<u>Marinelli 2004.</u> 2-12 hours of exposure caused DNA breaks in leukemia cells, linked to tumor aggression.
100,000	<u>Belokrinskiy 1982.</u> Brain damage.
100,000	<u>Shutenko 1981.</u> Redistribution of metals in lungs, brain, heart, liver, kidney, muscles, spleen, bones, skin, and blood.
100,000	<u>Navakatikian 1994.</u> Changes in behavior.
100,000	<u>Richter 2000.</u> Increased risk of cancer with short latency.
150,000	<u>Polonga-Moraru 2004.</u> Eye damage.

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SOURCES: Section I of the Bioinitiative Report 2007, 2012; Magda Havas PhD, San Fco. EarthLink Wi-Fi Network 2007; Powerwatch.org.uk See Electro-magnetic Hypersensitivity by Dr. Erica Mallery-Blythe, 2014. The Criminal Complaints submitted to federal and State authorities that cite to the evidence on the record proving the fraud on the Courts to conceal the harm being caused on children by the radiation at school have been posted on the Case Law Section of wirelesswatchblog.org

Respectfully,

Jesus Mendez

[Print](#)

Recommendations for Accommodations

People with chemical and/or electromagnetic sensitivities can experience debilitating reactions from exposure to extremely low levels of common chemicals such as pesticides, cleaning products, fragrances, and remodeling activities, and from electromagnetic fields emitted by computers, cell phones, and other electrical equipment.

The severity of sensitivities varies among people with chemical and/or electromagnetic sensitivities. Some people can enter certain buildings with minor accommodations while others may be so severely impacted that they are unable to enter these same spaces without debilitating reactions. Furthermore individual tolerances to specific exposures can vary greatly from one individual to the next. Meanwhile some exposures, such as the application of certain pesticides or extensive remodeling, for example, may be devastating to all chemically sensitive people and make a building or facility inaccessible for a substantial period of time.

According to the Americans with Disabilities Act (ADA) and other disability laws, public and commercial buildings are required to provide reasonable accommodations for those disabled by chemical and/or electromagnetic sensitivities. These accommodations are best achieved on a case-by-case basis.

Reasonable accommodations for a chemically sensitive and/or electromagnetically sensitive individual can include providing a space or meeting area that addresses one or more of the Cleaner Air criteria, upon request, such as

- Remove fragrance-emitting devices (FEDS)
- Delay or postpone indoor or outdoor pesticide applications, carpet cleaning, or other cleaning or remodeling until after the meeting
- Provide room or meeting area near exterior door or with window(s) that can be opened
- Require cell phones and computers be turned off
- Provide incandescent lighting in lieu of fluorescent lighting
- Provide at least one nonsmoking, fragrance-free person per shift to provide services (e.g. nurse, police officer, security guard, clerk)

For individuals who are unable to use or meet in a building or facility, or who are too severely impacted by chemical and/or electromagnetic exposures to use a designated Cleaner Air Room, accommodations may include:

- Meet an individual at the door or outside to conduct business
- Allow a person to wait outside or in car until appointment
- Provide a means, such as a phone, intercom, bell, or buzzer to summon staff to an outside door for assistance
- Permit business to be conducted by phone, fax, mail, or e-mail rather than in person
- Allow participation in a meeting by speakerphone

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United States
Architectural and Transportation Barriers Compliance Board

1331 F Street, NW • Washington, DC 20004-1111 • 202-272-5434 (Voice) • 202-272-5449 (TDD) • 202-272-5447 (FAX)

October 26, 2000

Mr. Nelson French, Director
White Mountain Catholic Charities
Saint Anthony's Convent
6 N. McQuatters Avenue
P.O. Box 552
McNary, Arizona 85930

Dear Mr. French:

I am writing regarding The Dispossessed Outreach Project's plans to seek assistance from the Arizona Department of Commerce to develop housing for people with multiple chemical sensitivities and electrical sensitivities in West Yavapai County. The Access Board is a federal agency whose mission is to promote accessibility for people with disabilities. We develop accessibility guidelines for the built environment, transit vehicles, and telecommunications equipment, and standards for electronic and information technology. Our guidelines are adopted by other federal agencies as enforceable standards under the Americans with Disabilities Act, Architectural Barriers Act, and Telecommunications Act. We also enforce accessibility standards for federally funded facilities.

Over the years, the Access Board has learned about the very important needs of people with multiple chemical sensitivities and electrical sensitivities. We have heard from thousand of people across the country who are sensitized to chemicals and electromagnetic radio and cell phone emissions and who cannot safely use facilities because of chemicals released from building materials and furnishings, exposure to certain types of electrical equipment and systems, and cleaning products and pesticides commonly used in operating and maintaining buildings. The Access Board is initiating a major project to examine the needs of people with multiple chemical sensitivities and electrical sensitivities as they relate to indoor environmental quality, and to develop an action plan to address those needs. We will be involving people with multiple chemical sensitivities and electrical sensitivities, the building industry, and other federal agencies, including the Environmental Protection Agency, in the project. We also are developing technical assistance materials that will focus on best practices for addressing the needs of this population.

Based on our experience, I can state that there definitely is a need for specially planned and designed housing for people with multiple chemical sensitivities and electrical sensitivities. There are many people with these and related disabilities whose condition is so severe that they cannot live in conventional housing. We recently visited Ecology House, an 11-unit apartment:

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The Access Board

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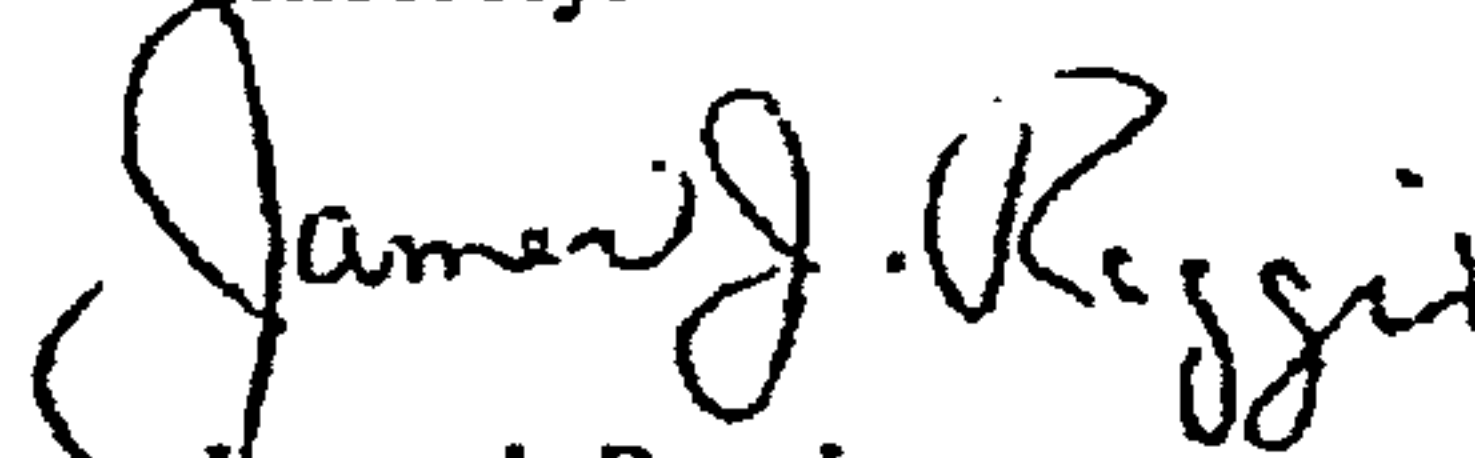
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development in San Rafael, California; talked with its residents; and learned first hand about the special design and construction practices that have made the project habitable for people who could not tolerate other housing. The housing project being planned by The Dispossessed Outreach Project would build on the experiences of Ecology House and meet a real need for healthy and affordable housing by people who have no other choices.

If I can be of further assistance, please call me at (202) 272-5451.

Sincerely,



James J. Raggio
General Counsel

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OCT 30 2013

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No Place To Hide

Volume 3, Number 3

June 2002

Gro Harlem Brundtland, Director of World Health Organization: "Cell Phones, Computers Make Me Ill"

"It's not the sound, but the waves I react to. My hypersensitivity has gone so far that I even react to mobile phones closer to me than about four meters," says Gro Harlem Brundtland.

She is the Director-General of the World Health Organization (WHO), and she was talking to Aud Dalsegg, who interviewed her for the cover story of the Norwegian newspaper *Dagbladet* on March 9, 2002.

The former Prime Minister of Norway never owned a mobile phone herself, but she often received calls on her associates' phones. Now she says there is reason to be cautious about the technology.

"In the beginning I felt a local warmth around my ear," she told Dalsegg. "But the problem grew worse, and turned

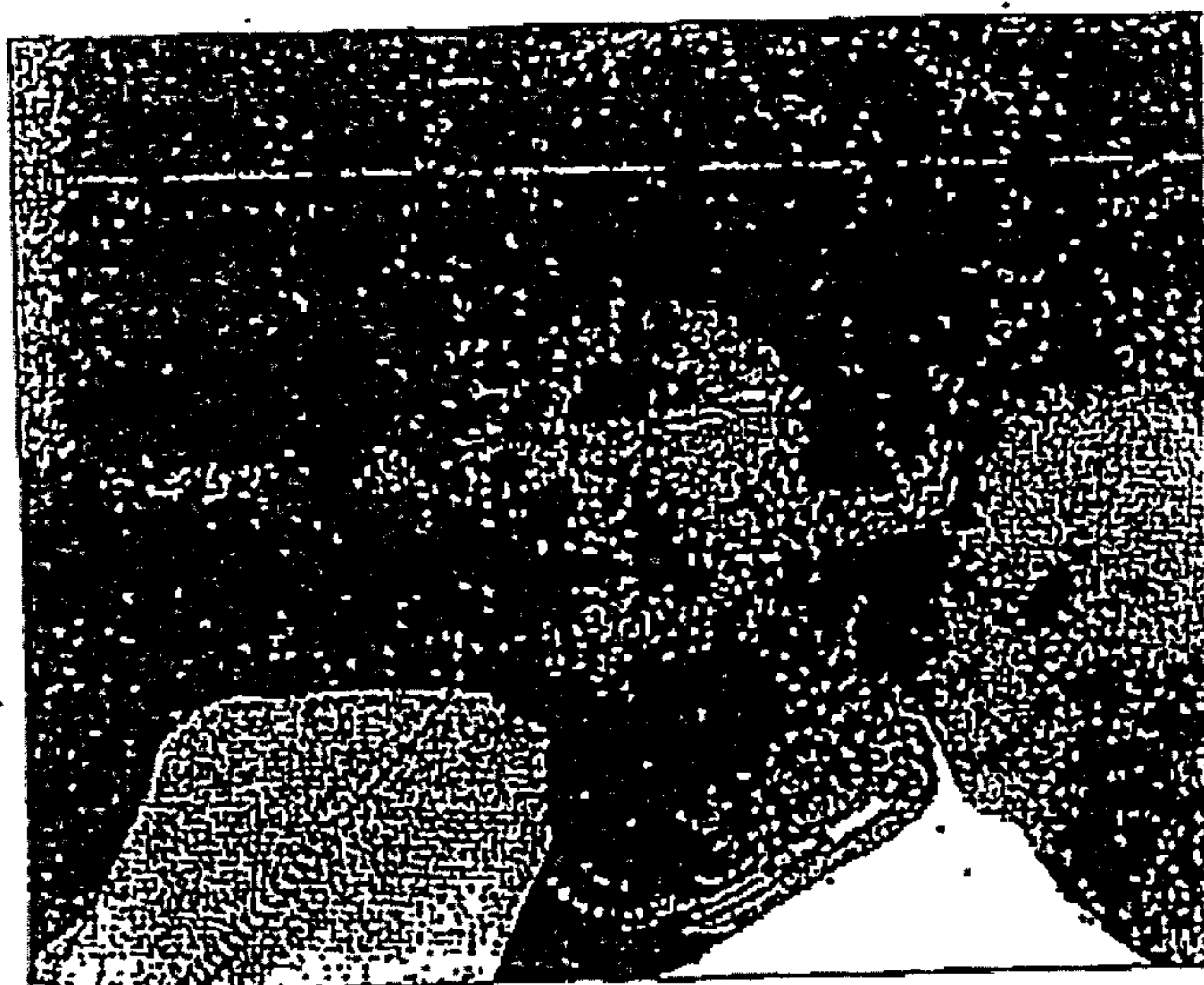
into a strong discomfort and headaches every time I used a mobile phone." At first she tried to avoid the pain by cutting her calls short, but this did not work. Nor was it sufficient to stop using the phones herself, because everyone around her, including at her workplace at the WHO in Geneva, uses them.

"I gradually understood that I had developed a sensi-

tivity to this type of radiation.

"And in order not to be suspected of being hysterical—that someone should believe that this was only something I imagined—I have made several tests: People have been in my office with their mobile phone hidden in their bag or pocket. Without my knowing whether it was off or on, we have tested my reactions. I have always reacted when the phone has been on—never when it is off. So there is no doubt."

As for wireless home phones, Brundtland said, "I get an instant reaction if I touch such a phone."



She also spoke about her reactions to computers:

"If I hold a laptop in order to read what is on the screen, it feels as if I get an electric shock up through my arms. So I must keep portable computers away from me. I have a regular desktop computer in my office, but only the secretary uses it. I have not noticed the same symptoms near it, but I turn it off as soon as I come in."

The headaches she gets from mobile phone radiation subside about a half hour to an hour after the exposure stops, she said.

A medical doctor and master of public health, Brundtland gained international recognition in the 1980s for championing the principle of sustainable development as chair of the World Commission on Environment and Development (the Brundtland Commission). In October 1996 she stepped down as Prime Minister of Norway, after being head of her government for more than ten years. She has headed the World Health Organization since July 12, 1998.

Brundtland was careful, in the interview, to say that the danger from mobile phones has not been scientifically proven: "We do not at present have enough scientific evi-

continued on page 6

Ex-WHO General-Director and Ex-Prime Minister of Norway Wireless Technology Has Negative Health Effects. There Is No Doubt.

EXHIBIT NO. 18E
PAGE: 661 OF 2622

On Friday the 14th of August 2015, retired WHO General-Director and Prime Minister of Norway, Dr. Gro Harlem Brundtland, was interviewed by the Norwegian newspaper Aftenposten (<http://www.aftenposten.no/nyheter/iriks/Brundtland---Min-kropp-har-reagert-pa-mobilstraling-i-25-ar-8125147.html>). One of the issues raised in the interview was her current thoughts on wireless radiation. Her statement was crystal clear. Above is the relevant clip from the interview, subtitled in English by Citizens' Radiation Protection, Norway. We are grateful to Gro, for her clear and honest response.

Ex-WHO General Director Warns: "Wireless Tech..."



BioEM 2015 Meeting, June 14-19,
2015

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Plenary Session presentation by

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www.next-up.org/NewsOfTheWorld/2012.php
www.badische-zeitung.de/wehr/zur-erholung-ins-funkloch-55488677.html

German judge is electrosensitive, seeks refuge in EMF-White Zone

An electrosensitive judge from Augsburg finds refuge in the Wehra Valley (German Black Forest).

An electrosensitive (EHS) judge from Augsburg finds refuge in the Wehra Valley (German Black Forest)

Rain splattered on the roof of the little white camper. Although Barbara has turned up the heater, the cold of winter creeps along the ground and relentlessly wraps around our feet. Barbara Domberger is on a forced vacation in Wehra Valley. The rugged gorge is one of the few havens left for the electrosensitive.

She recalls she once still had a few secluded holiday areas where she could retire, but gradually, they have disappeared. "The digital network is currently our biggest problem," she says. The 43-year-old District Judge is on the run - from harmful emitters, mostly microwaves from mobile phone networks. "I've become electrosensitive," she says.

The judge is convinced: when she's exposed to artificial electromagnetic fields for too long, like those from cordless phones or wireless Internet connections, she gets sick. She feels artificially invaded, unable to sleep and concentrate. "And all my muscles harden." Her family doctor says it's from too much stress.

It took three or four years of suffering before an old school friend put her on the right track, says Domberger. Back then the concept of electrical sensitivity was unknown. That's changed: Domberger has read many studies on her condition and has developed contacts with people who share her plight. She chairs the Munich Society for the electrosensitive and mobile-phone injured.



Barbara Domberger in his camper

She is very convincing when she easily refutes the arguments of the mobile phone industry. She knows that many prefer sticking her with a psychosomatic label. If that was the case, then how can one explain that her heart rate changes as soon as she enters a room filled with radiation? Domberger says it's a clear medical evidence.

Fear of radiation dominates her life. The once-successful young woman had to abandon her condominium with 17 a square-meter rooftop terrace near downtown Augsburg. "The apartment couldn't be shielded," she says. Her furniture is stored. She's looking for a small apartment in low-radiation area, which she could shield with special reflective paint.

She only goes out when necessary. For shopping, of course. But a movie or the theater? "I used to like going to restaurants," says Domberger. Today, she even turns down birthday invitations, because almost everyone has a cordless phone at home. "I miss the contact with ordinary people," she says with a sigh.

Since January 2010, the District Judge is on sick leave. The state of Bavaria is considering putting her on permanent disability.

Barbara Domberger was in charge of the elderly and disabled. She'd love to work again. "Being a judge was my dream job." For eight years, she worked at the District Court of Augsburg, and before that six years as a prosecutor, also for the Federal Ministry of Justice. Now she's fighting for electrosensitivity to be recognized as a disease and to obtain help for those affected.

Today she's resting in the Wehra Valley. "Here I feel really good, as I did before," she says with a smile.

Very little radiation gets through where she parked her white camper, as opposed to airports or railway stations. A holiday trip in the hot South? Only by car. For longer trips, she bought a special blouse, woven with reflective silver fiber. It cost her 90 Euros. "Most people with EHS can't afford it," says Domberger who asked us not to divulge the exact location of her retreat.

ELECTROSMOG DOCTOR

The doctor who diagnosed her own electrosensitivity

GP Dr Elizabeth Evans turned her health around after discovering she was sensitive to electrosmog. Here's her story, as told to Guy Hudson, and what you can do to treat electrosensitivity

I had just had my fourth child, and already had three other children aged under six, when I started to notice that I couldn't sleep, felt 'wired', and was becoming more and more anxious.

After 12 weeks, when the baby started sleeping through the night, I continued to have problems sleeping. We then moved to rented accommodation and my symptoms got worse. That first night I could not get to sleep. Eventually I slept for about two hours and, when I awoke, I had a racing heart. It felt like an anxiety attack but in my body, not my head.

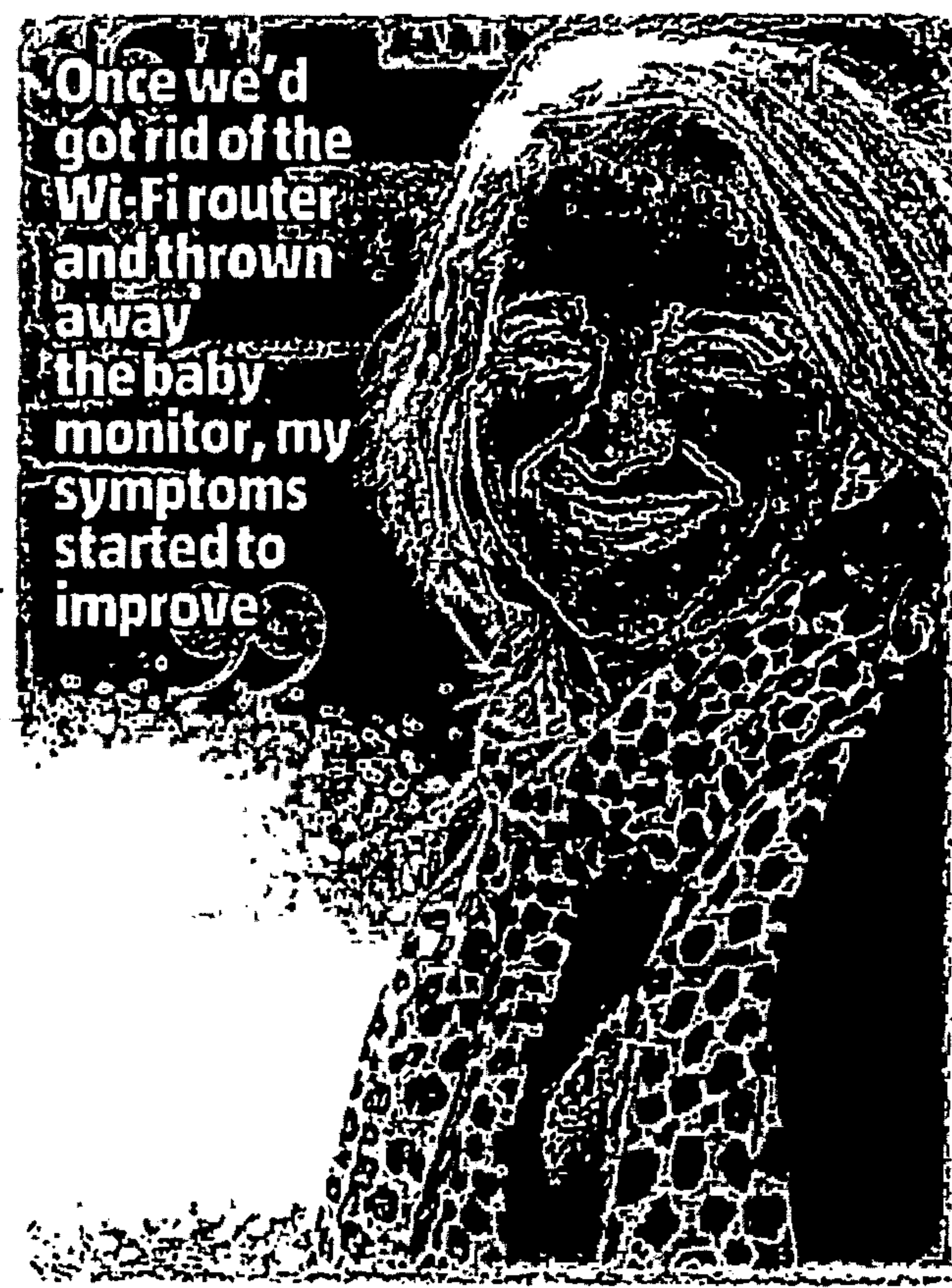
Over the next few weeks, I became increasingly bad-tempered and irritable. I noticed I was forgetting words when talking on the cordless phone and, when sitting next to our router, I felt a pressure sensation in my head and ear. For the first two weeks our landline wasn't connected, so I had to use my mobile a lot; my laptop also had a 3G dongle.

I was getting headaches and felt pressure in my head whenever I used a cordless phone, and if someone was using a mobile nearby in the playground, I would feel pain in the muscles across my back. But whenever I went for a walk in the middle of the countryside, I began to feel normal again.

Something in the air

Eventually I realized that something in my environment was causing these symptoms and began to work it out: we had a new digital baby monitor and a new Wi-Fi router directly below our bed. I was using a mobile-phone dongle on my laptop and our rented house was in direct view of a mobile-phone mast. By then I was severely incapacitated. I was sensitive to the electrosmog in town and became almost housebound trying to

Once we'd got rid of the Wi-Fi router and thrown away the baby monitor, my symptoms started to improve.



avoid wireless radiation. Luckily I was able to identify the problem because the time between my symptoms easing or going away and my reduced exposure to electrosmog was short. It's far more difficult to identify electrosmog as the trigger if your symptoms take a long time to appear. Soon I was able to really see which signals were causing the problem.

I suspect I was slightly electrosensitive before the symptoms really hit me; I had always resisted Wi-Fi and didn't like using my mobile phone.

After my fourth pregnancy and

breastfeeding, I was clearly run down and susceptible, and the massive increase in my exposure to wireless radiation coinciding at this time was the likely cause of my dramatic symptoms. I couldn't go to other people's homes; I couldn't even be in our living room because of the neighbour's Wi-Fi. Some areas of the house made me feel particularly unwell whereas other places, like the hall, were fine and I naturally gravitated to them. Subsequently we were able to confirm that microwave levels were lower in these neutral areas.

Detective work

Once I suspected I was sensitive to electrosmog, I began searching on the internet to find out more about electrosensitivity and its symptoms—which range from headaches, heart arrhythmias, depression and mood swings to lack of concentration, allergies and even tinnitus.

We also immediately got rid of the Wi-Fi router and got a wired router instead and, after throwing away the baby monitor, my symptoms started to improve. We then had an electromagnetic survey done and got advice on how to further avoid ambient microwaves. I avoided hotspots and also tried various forms of shielding. I bought specially designed clothes from the US made from materials that block radiation, which helped me on the school run. Next we concentrated on the bedroom, where we installed a bed net and put shielding material over

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Once I started sleeping better, my health and tolerance of wireless radiation outside the home began to improve

windows; if you create a radiation-free sleeping environment, you have the best chances of healing.

Like many electrosensitive people, I had had a previous environmental condition—in my case, two years of myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) in the 1990s—from which I fully recovered by addressing adrenal fatigue through a combination of nutritional therapy, homeopathy, acupuncture and osteopathy.

That experience made me realize that the body has an amazing power to heal itself when given the right support and nourishment; it also gave me an interest in the various complementary treatments available.

I joined the British Society of Ecological Medicine in 1999 and attended several of their teaching modules on allergies and environmental and nutritional medicine over the last few years. With my four children, I have learned a lot about the natural approach to health by treating their various illnesses and health complaints.

Once I started sleeping better, my

health and tolerance of wireless radiation outside the home began to improve. I then began an intensive nutritional/supplement programme to support my adrenal glands. This often consists of boosting key hormones like cortisol, insulin and aldosterone by eating lots of eggs, dairy, nuts and seeds, and good fats like butter and coconut oil, while avoiding sugar (including from too much fruit) and refined carbs like white bread and rice.

The final piece of the puzzle Supplementing with B-complex vitamins, and *Chlorella* and wild yam can also help. I also found that Nambudripad's Allergy Elimination Techniques (NAET)—an East-meets-West blend of non-invasive healing practices like spine manipulation and acupressure/acupuncture to clear away

allergies and sensitivities of all sorts (see box, top right)—speeded up my recovery considerably. The final piece of the healing jigsaw was moving to our currently electromog-free home.

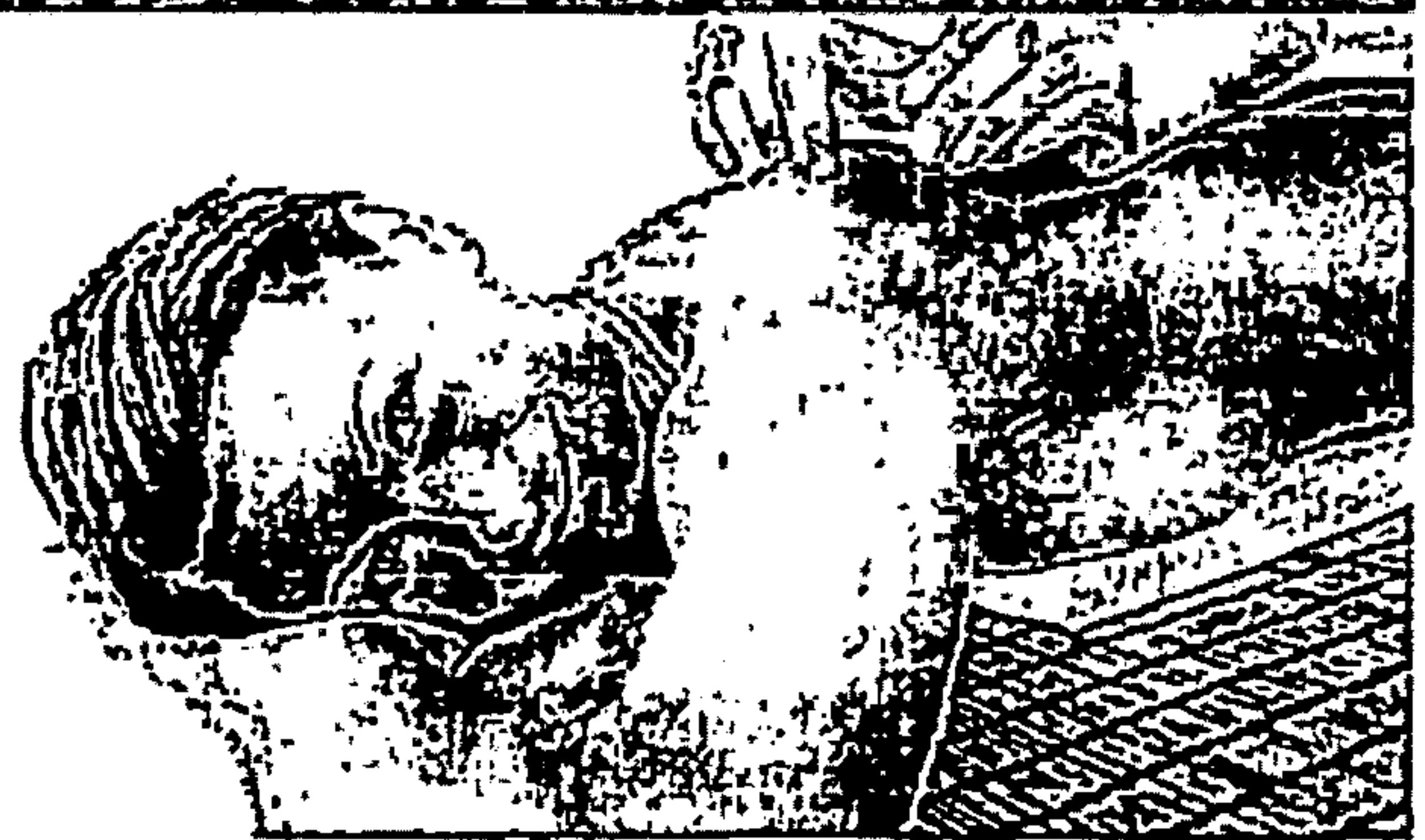
Since then, I have trained as an NAET practitioner, as I was very excited by the dramatic effect it had on my health. Most NAET practitioners in the US are qualified medical doctors, often allergy specialists whereas, in the UK, most are complementary practitioners.

I would advise anyone with an environmental

What is NAET?

NAET (pronounced 'nate') stands for Nambudripad's Allergy Elimination Techniques, and was developed by Dr. Nambudripad, a chiropractor and acupuncturist based in California. The drug-free system uses kinesiology to diagnose, and acupressure/acupuncture to treat, allergic-type responses. NAET defines an allergy as a negative reaction to any agent that for most people would be neutral or even beneficial. It's a technique that can help with most conditions, not just the usual food allergies and hay fever.

NAET seeks to reduce allergic reactions and sensitivities by balancing and unblocking *qi* (chi) energy to help the body heal itself, using a blend of techniques like acupuncture/acupressure, chiropractic, nutrition and kinesiology. One allergen is treated at a time. It may take several visits to desensitize a severe allergen. Beginning in 1983, over 12,000 practitioners all over the world have been trained by Dr. Nambudripad.



or chronic illness to clear their home of all wireless and other electromagnetic-field-generating devices. They can stress out your system, which reduces your ability to heal.

One reason why conventional doctors generally overlook the possibility of electrosensitivity when diagnosing their patients' complaints is that they usually confine their questions to their patients' symptoms, not their environment. They are not trained to ask about the presence of baby monitors, Wi-Fi and cordless phones, and the use of mobiles, and they never visit their patients' homes.

Without this line of questioning, it's virtually impossible to identify whether a patient is electrosensitive.

And as the idea of electrosensitivity is not taught in medical school, unfortunately most doctors are unaware of it.

Physician Guy Hudson is a electromagnetic surveyor who helps consumers lower their exposure to excessive radiation and protect themselves from electrosensitivity, particularly to dirty electricity. See www.betterco.co.uk and www.es-uk.info for more information.

All about Dr Liz

Elizabeth now leads a very full life as the mother of four children and as a NAET practitioner working with patients who have a wide range of conditions, including environmental allergies, chronic fatigue and electrosensitivity. She has also co-founded Stop Smart Meters (UK) (www.stopsmartmeters.org.uk), an organization with links to other Stop Smart Meters movements worldwide. This campaigning group aims to stop the use of meters that monitor, measure and communicate your gas, electricity and water usages to utility providers wirelessly through constant bursts of microwaves, 24/7. In this role, she gave evidence last year to the House of Commons Select Committee overseeing the UK Smart Meters rollout on the adverse health effects of wireless radiation. She is also medical advisor to the Safe Schools Information Technology Alliance (SSITA; www.ssita.org.uk), which campaigns against Wi-Fi and mobile phones in schools to protect children from the adverse effects of wireless radiation, and has given lectures on these topics on several occasions. She can be contacted on lizlinch@hotmail.com. Other British GPs who recognize and treat electrosensitivity include Dr Erica Mallory-Blythe (based in the US) and Somerset-based Dr Andrew Tresidder.